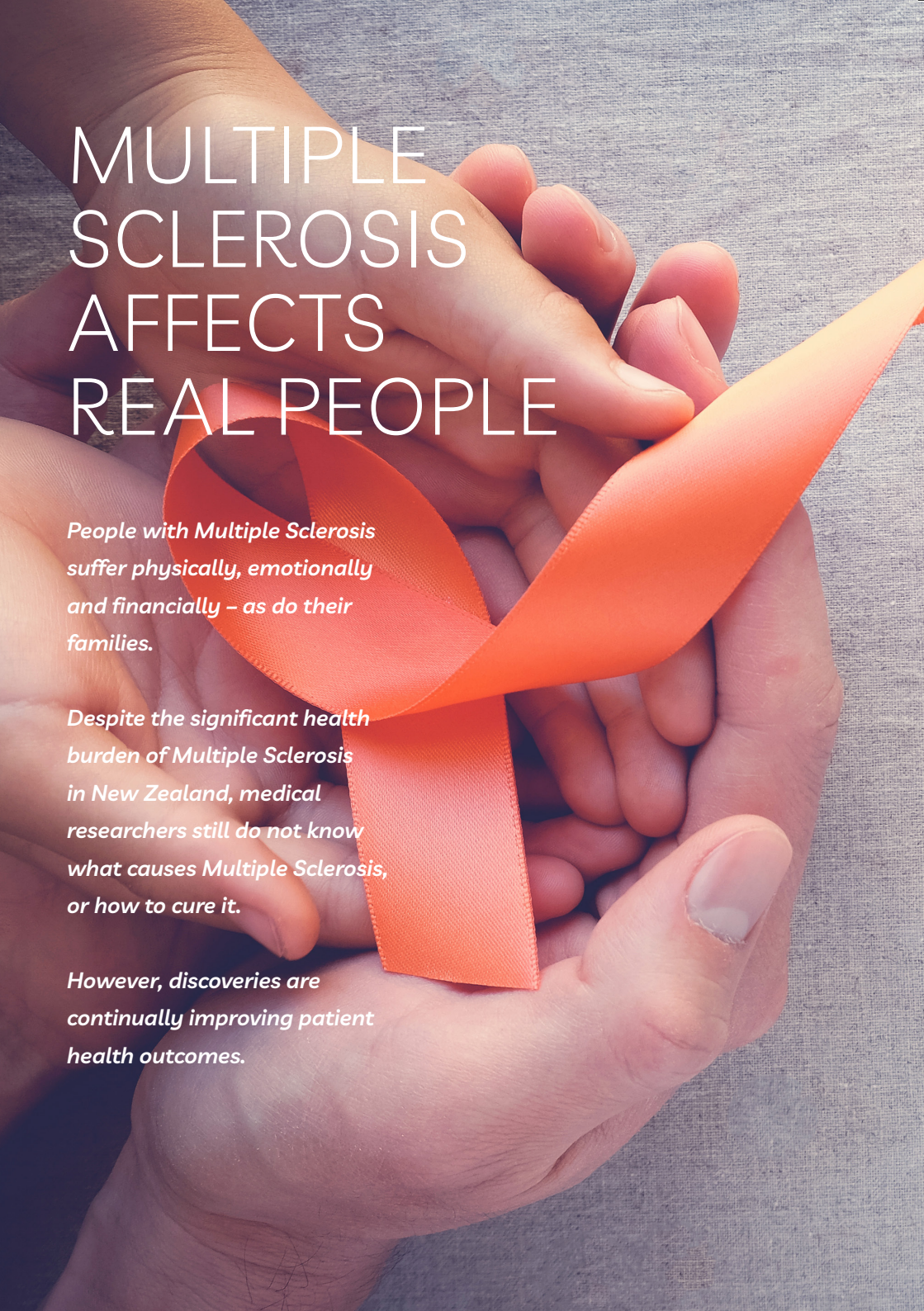


WE BELIEVE
IN THE POWER
OF RESEARCH



New Zealand
Multiple Sclerosis
Research Trust

Knowledge brings hope



MULTIPLE SCLEROSIS AFFECTS REAL PEOPLE

People with Multiple Sclerosis suffer physically, emotionally and financially – as do their families.

Despite the significant health burden of Multiple Sclerosis in New Zealand, medical researchers still do not know what causes Multiple Sclerosis, or how to cure it.

However, discoveries are continually improving patient health outcomes.

A thick, flowing orange ribbon graphic that starts from the top left and curves towards the top right, partially framing the title.

OUR MISSION

To stimulate, and support
New Zealand-based research
into the cause, prevention,
and treatment of Multiple
Sclerosis in the hope of a cure.

We are committed to several tasks, critical to the achievement of our mission. These actions form the core of our focus as we strive to make a difference.

ATTRACT AND RETAIN by providing Research and education-based funding so NZ based doctors, nurses and researchers are encouraged to stay and work in NZ.

COLLABORATE with other researchers and organisations to maximise the impact of our funding.

COMMUNICATE research outcomes to people with Multiple Sclerosis, their families, carers and wider community.

FUND research and welcome opportunities to co-fund and actively seeks out partnerships to increase our reach and impact.

ENCOURAGE the application of clinical research outputs into practical programmes that improve the quality of life for people with Multiple Sclerosis in New Zealand

MAKE SUBMISSIONS to relevant Government, health authorities and funding bodies to further our mission.

RESEARCH IS THE MOST POWERFUL WEAPON IN THE WORLD. WITHOUT RESEARCH THERE IS NO CURE.

We make a real difference in the lives of people with Multiple Sclerosis (MS) in New Zealand through research. It's our passion.

Over the past decade, we have been dedicated to funding innovative research projects that aim to understand the causes of MS, develop more effective treatments, and enhance the quality of life for individuals with MS. To date, we have committed to spend almost \$1.0mm in MS research grants, supporting talented researchers and clinicians across New Zealand.

Apart from research grants, we have also invested in the professional development of MS clinical specialists by funding their attendance at conferences and seminars. This enables them to stay updated on the latest advances in MS care, network with peers, and bring back valuable insights to enhance patient outcomes.

As a leading advocate for MS research, the NZMSRT is committed to driving innovation and improving the lives of those affected by this debilitating condition.

Below are just some of the projects we are funding:

Ultra High Contrast MRI

New Zealand Multiple Sclerosis Research Trust in collaboration with the JN & HB Williams Foundation, are supporting the groundbreaking research project Ultra High Contrast MRI at the Mātai Medical Research Institute in Gisborne. This pioneering initiative aims to revolutionise the diagnosis and monitoring of Multiple Sclerosis (MS).

Reprogrammed human oligodendrocyte precursor cells as a cell-based remyelination therapy for Multiple sclerosis.

Research was funded by the Trust explores a groundbreaking approach to finding a cure for Multiple Sclerosis (MS) by utilising brain cells in a dish and studying MS in a controlled environment, researchers hope to accelerate the discovery of effective therapies and ultimately find a cure for this debilitating condition.

MSBase

The integration of a dedicated MSBase program within a hospital's Neurology Department can yield significant positive outcomes. This innovative platform enables the healthcare professionals to access comprehensive patient data, streamline clinical workflows, and make informed decisions more efficiently and ultimately improve patient outcomes.

Exercise impacts positively on the treatment of MS.

MS Get a Head Start. The Trust has funded a trial which aims to investigate the impact of self-reported physical activity and exercise participation among individuals living with multiple sclerosis. This study has the potential to revolutionise the way people with MS engage in physical activity, ultimately enhancing their overall health and wellbeing.

For more information contact NZMSRT.

3:1

The ratio of women to men who are affected by Multiple Sclerosis.



5,600+

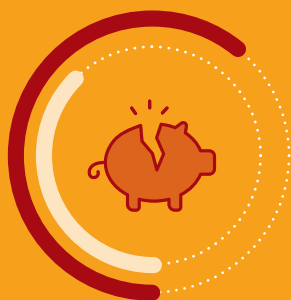
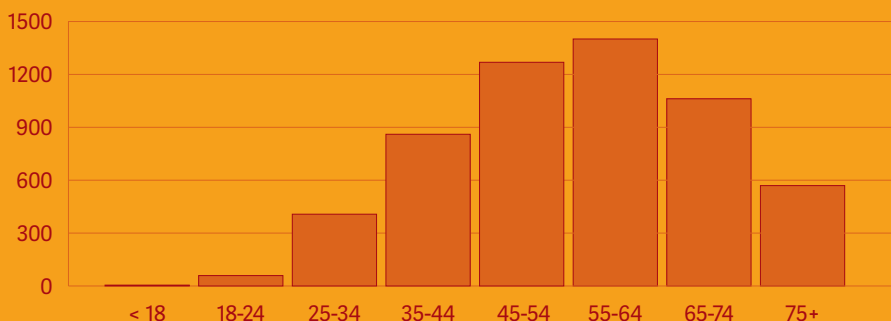
The number of people diagnosed with Multiple Sclerosis in New Zealand.



38

is the average age that New Zealanders first develop symptoms.

Number of people with MS, age of onset



61%

of the working age people with Multiple Sclerosis change their work status because of their condition.

38%

of New Zealanders with Multiple Sclerosis no longer work because of their condition.

YOU CAN MAKE A DIFFERENCE

Make a one-off or regular **DONATION** at www.msresearch.org.nz.

Consider providing your professional services on a **PRO BONO** basis.

Make **PAYROLL DONATION** direct from your pay.
For every \$ you donate, you get 33.33 cents back as a tax credit.

LEAVE A LEGACY and consider leaving a gift in your will.

Amazing people like you, who choose to leave a gift in their will to the NZ MULTIPLE SCLEROSIS RESEARCH TRUST help us to provide hope and support to all who live with and are affected by MS.

Ground-breaking research – We work with Research organisations across New Zealand and make grants available to stimulate research that is meaningful to people with MS.

Education – The Trust also supports current clinicians and researchers to upskill complete further formal training or attend national and international MS research conferences.

Every big breakthrough is the result of years of hard work. That's why your ongoing support is so important to people affected by MS in New Zealand.

Leaving a legacy gift to the NEW ZEALAND MULTIPLE SCLEROSIS RESEARCH TRUST is a wonderful way to ensure your generosity lives beyond your lifetime and a great way for you to be remembered.

Competent management – Our Trustees include doctors who are researchers, experienced health administrators and people affected by MS. Our funds are professionally managed ensuring a careful balance between maximising income and growing our funds for the future.

You can donate via QR-code by scanning your phone and follow the instructions.



LET YOUR GENEROSITY LIVE BEYOND YOUR LIFETIME

A gift in your will is a gift for generations to come

If you are interested in leaving a gift to us in your will, the first thing you should do is contact your solicitor.

They can talk you through your options, and help you to realise your intentions, after you've taken care of your nearest and dearest.

They may like to use the following paragraph drafted specially for this purpose:

*"I give and bequeath the sum of \$ _____
(or) ____ % of my estate, (or) residue of my estate,
(or) property or assets: free of all charges, to the
New Zealand Multiple Sclerosis Research Trust.*

*The official receipt of the Chief Executive or other
authorised officer of the Trustee is an absolute
discharge to my executors."*

OUR PROMISE TO YOU

To use your lasting gift
with care and efficiency
and for the maximum benefit of
people affected by
Multiple Sclerosis.

To treat anything you
share with
us as private and
confidential.

To respect your right
to change your mind
at any time.

If you have made plans to make a bequest in your will, please let us know as we would love the opportunity to say **thank you for passing your passion for life onto future generations!**





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*Thank you to our supporters. Your unwavering trust
and generosity empower us to bring hope to those
affected by MS. Your contribution is invaluable
together; we're making a difference.*



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www.msresearch.org.nz

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